



## **The Canadian Psychological Association supports renewed funding of the Mental Health Commission of Canada**

(Ottawa, Ontario) April 22, 2015 – The Canadian Psychological Association (CPA) supports the Government’s commitment to renew the mandate of the Mental Health Commission of Canada (MHCC) for an additional 10 years. CPA has a long history of involvement with the MHCC, from providing support for its creation, to providing input on past and current projects. CPA also looks forward to working with the Minister of Health and other stakeholders to outline the new mandate and direction in the coming months.

This new financial investment will hopefully enable the MHCC to implement the recommendations of the National Mental Health Strategy and include a plan to increase access to mental health services.

“Canada’s psychologists are very concerned about the significant gaps in service and care when it comes to mental health. Canada has no parity in its public funding of mental and physical healthcare. Psychological services are not covered by our public health insurance plans. Yet, psychological treatments work and the cost of providing service is more than offset at the level of the individual, family, community and workplace,” says Dr. Kerry Mothersill, President of the CPA.

“We were very pleased that the Mental Health Strategy for Canada called for increased access to evidence-based psychotherapies by service providers qualified to deliver them. We hope in the coming years that the MHCC will work with governments and other stakeholders to move forward with this important recommendation,” says Dr. Karen Cohen, Chief, Executive Officer of the CPA.

### **About:**

The Canadian Psychological Association (CPA) is the national association for the science, practice and education of psychology in Canada. With over 7,000 members and affiliates, CPA is Canada's largest association for psychology.

### **For more information:**

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